

Mawa's Taste of Africa

A delicious food Safari across the land

Tel.: 919-321-8360

www.mawa-nc.com



LUNCH MENU

Tuesday thru Friday 11:30 to 2:30pm

Specials

Tues-Thur: 3 dishes from 3 different regions ***\$7.95 each***

Each special is served with 1 main course, 1 side of plantains, 1 appetizer

Tues-Thur Chef Sampler Platter ***\$8.95***

A combination platter of 3 dishes

Friday's Taste of Ethiopia ***\$8.95***

Served with injerra, salad, Atkil Wot (curried veggies,) Mesir Wot (Lentil Puree) and Gomen (Spiced collard greens) and a choice of:

- *Chicken Tibbs or*
- *Shrimp Tibbs or*
- *Lamb Tibbs*

Friday's Chef Sampler Platter ***\$9.95***

A combination platter of 3 Ethiopian specials

Dessert Specials(available Tues-Fri) ***\$3.00***

Omali

Egyptian delight of puff pastry, nuts, raisins and cream

Chacri

Millet cake in a sweet spiced yogurt sauce

Selected items only; ask your server for details-----NO SUBSTITUTION PLEASE








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A La CARTE MENU

EXTRA HOT 911 Sauce available on the side upon request






Chicken Platters \$8.00 (includes choice of 1 appetizer(plantains or beef pie or 1 shrimp-beef roll)

-  **C1 Yassa Ganar-Senegal:** Grilled chicken breast, veggies in spicy lime-onion sauce served w/rice or couscous
- C2 Ganar Gingere-Tamba :** Chicken, carrots, green beans sautéed in ground ginger over rice or couscous
- C3 Maffeh Ganar-Mali:** Creamy ground nut stew with vegetables; Eat with rice or fufu(African yam paste)
-  **C4 Kuku Curry-Kenya:** Spicy curried chicken and veggies; Eat with rice or fufu (African yam paste)
- C5 Chicken Shermoola-Morocco :** Chicken in shermoola(preserved lemons and herbs) w/vegetables over rice
-  **C6 Daheen-Gambia :** Spicy Rice goulash with chicken, black eyed peas, yams in a spicy ground nut sauce
- C8 Kuku Karanga -Kenya:** Chicken'n greens in coconut milk, tomato, Kenyan spices, Ugali (corn meal paste)
-   **C9 Chicken Wings Piri Piri-South Africa:** Extra spicy- chicken wings with African fries
- C10 Grilled Chicken-Egypt :** Char grilled chicken and onions served with fresh salad, grilled pita and couscous

Seafood Platters 9.50 (includes choice of 1 appetizer(plantains or beef pie or 1 shrimp-beef roll)

-  **SP11 Yassa Fish-Senegal :** Tilapia fillet (or whole bone-in tilapia) in **spicy citrus onion sauce** over rice
- SP12 Sipakh-Atlantic Coast :** Grilled shrimp in a creamy spicy sauce, spiced butternut served with rice or couscous
- SP13 Boulettes-Algeria :** Fish balls and veggies in a rich tomato sauce over rice (**ground nut sauce available upon request**)
-  **SP14 Curry Fish-Kenya :** Spicy Curry seasoned tilapia fillet and veggies over fufu (African yam paste)or rice
- SP15Chebu Jeun-Senegal :** Our delicious seasoned tomato rice, vegetables, herb stuffed salmon steak
- SP17 Okra Stew-West Africa:** Okra stewed in palm oil with shrimp and smoked fish served over Rice or Fufu
- SP19 Salmon Mqalli-Algeria:** Salmon steak marinated in N. African spices served w/spiced butternut over raisin couscous

Ethiopian Delights \$9.00 : Served with Injera bread, salad and a choice of 3 vegetables**

-  **ED1 Chicken Tibbs-Ethiopia:** Stir fried chicken breast in berberé sauce, Injera Bread, choice of 2 vegetables
-  **ED2 Shrimp Tibbs-Ethiopia:** Berbere marinated shrimp on injera bread, salad, choice of 2 vegetables from below**
-  **ED3 Yebeg Wot:** "Minced lamb'n goat cubes" stewed in a spicy sauce (**regular bone-in lamb available upon request**)
- ED4 Yebeg Alichä**:** "Minced lamb'n goat cubes" stewed in a mild sauce (**regular bone-in lamb available upon request**)
-   **ED5 Kitfo**:** Freshly minced prime beef, marinated in mimita (a spicy chili rub) served raw or rare, XXTRA SPICY

Ethiopian Vegetable Choices:

-  **ED6 Gomen:** Spiced collard greens
-  **ED7 Mesir Wot:** Spicy lentil puree
- ED8 Atkil Wot:** Curried vegetables
- ED9 Atkil Aleecha:** Mild vegetable stew

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ED10 Atkil Kilkil: *Gingered carrots'n green beans*

ED11 Shiro: *Spicy chick pea puree*



Lamb, Goat \$9.00 (includes choice of 1 appetizer(plantains or beef pie or 1 shrimp-beef roll)

- LG19 Yassa-Senegal***: Grilled lamb'n goat cubes (minced) smothered in a spicy citrus onion sauce
- LG20 Maffeh Guerteh-Mali***: Lamb'n goat cubes in a spicy ground nut sauce served with veggies over rice or fufu
- LG21 Curry Goat-Kenya***: Curry seasoned lamb'n goat cubes with a side of curried veggies spicy
- LG22 Jollof Rice-West Africa***: Tomato Rice medley, minced lamb'n goat cubes, mixed vegetables, onion olive sauce
- LG23 Daheen-Gambia***: Rice Goulash made with" minced lamb'n goat cubes", black eyed peas and ground nut sauce
- LG24 Okra Stew-Congo**: Okra, Palm oil, goat meat stewed and served over Rice or Fufu (cow feet, fish, add \$1.00 ea)
- LG25 Palava/Egusi Sauce-W.Africa**: Yucca leaves, goat, ground egusi nut, palm oil served with fufu(yam paste)
- LG26 Pyramid-Egypt***: Grilled lamb'n goat cubes, lamb chops, salad, African fries, hummus, tabouli salad, grilled pita
- LG27 Suya -Nigeria** : 2 spicy *Chargrilled peanut beef kabob* served with fresh salad, plantains and Jollof Rice
- LG31 Ndambé-Senegal***: Lamb'n goat cubes w/ black eyed peas, onion tomato sauce served with rice and a hot roll

****Made with our minced lamb'n goat cubes (very tender).**

Regular bone in lamb or goat cuts are available upon request at no extra charge

Sandwich and Such \$7.95 served with regular or African fries (add \$.60 for mushroom)

- SS32 Yassa Cheeseburger**: Chargrilled burger smothered in our signature onion sauce, lettuce, tomato, cheese
- SS33 Mawa's lamb'n cheese**: Grilled tender lamb, cheese, lettuce, tomato, onion in a 6inch sub
- SS34 Piri Piri Cheeseburger**: Chargrilled w/Mozambican piri piri (**xtra spicy chili rub**),lettuce, tomato, cheese
- SS37 Chicken Bastella**: Sweet and savory chicken pastry with couscous and spiced butternut
- SS38 Lamb Shawarma**: A Grilled pita sandwich of minced lamb, lettuce, tomatoes, cucumber sauce, grilled onion
- SS39 Chicken Shawarma**: A Grilled pita sandwich of grilled chicken, lettuce, tomatoes, grilled onion

Soup of the day \$3.50/cup; \$4.50/bowl Subject to Availability

Harira: Tender lamb (also available vegan), lentils, chickpeas and North African spices-----N. Africa

Peppah: Minced Fish and vegetables in an extra spicy broth-----Guinee

Mtori: Green bananas, yucca, cream and seasonings (Best you'll ever have)-----Tanzania

<u>Pizza</u>	<u>Cheese</u>	<u>Yassa Chicken</u>	<u>Yassa Lamb</u>	<u>Extra topping**</u>
16"-Whole	\$11.99	\$14.49	\$14.49	add \$1.75
16"-Half	\$8.99	\$11.49	\$11.49	add \$1.25

Extra toppings: Mushrooms, olives, peppers, Extra cheese, feta cheese, Ground beef, jalapenos, spinach, tomatoes

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BEVERAGES

Fountain Drinks (Coke, Diet Coke, Sprite.....) \$1.89

Homemade \$1.99

Cold

Sweet Morrocan Mint Tea *Free refills*

Bissap (Tropical Hibiscus punch) *(no free refills)*

Ginger Lemonade *(no free refills)*

Mango *(no free refills)*

Baobab *(no free refills)*

Hot

Café Touba

Ethiopian Chai Tea

Kenyan Masala Tea

Desserts and Cool treats

Smoothies \$3.99

Mango Lassi : *Mango and yogurt*

Baobab: *Baobab pulp, vanilla, orange blossom water*

Coco-Ananas: *yogurt, pineapple and coconut*

Ice Cream \$3.50

Mango: *Mango and cream*

Bouye Vanilla: *Baobab pulp, vanilla, cream sugar*

Coco Ananas: *pineapple and coconut*

Desserts

Mbourou Faas: *Crispy brioche, ice cream, banana caramel* **\$4.59**

Beignets de Pommes: *8 Fried apples donuts, cinnamon sugar* **\$4.59**

Crepe Glacee: *Ice cream wrapped in a delicious hot and soft crepes served with hot chocolate sauce* **\$4.59**

Omali: *An Egyptian delight of puff pastry, nuts, raisins and hot milk* **\$4.59**

Chacry: *Millet cake in a sweet spiced cream sauce* **\$3.99**

Coco : *Whole natural coconut shell w/soft cocconut meat* **\$4.59**

Kenyan Mandazi: *6 crispy Coconut fried cake served with a warm coconut cream sauce* **\$4.59**

Baklava: *crispy sweet filo w/nuts* **\$1.79**

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VEGETARIAN MENU

Vegan Meals ** \$8.00 (choose 1 plantains or 1 fataya (vegetable stuffed crust))

V31 Maffeh Guerteh: Vegetables, mushrooms in a ground nut stew served over fufu, rice or couscous-----Mali

V32 Curry: Curried vegetables in a spicy curry stew served over fufu, rice or couscous-----Kenya

V33 Yassa: Portabella mushroom smothered in a spicy citrus onion sauce served over rice or couscous-----Senegal

V34 Daheen: Rice Goulash with mushroom, black eyed peas in a spicy nut sauce with a hot homemade roll-----Gambia

V35 Jollof Rice: Vegetables served over our delicious Jollof Rice-----Nigeria

V36 Kosheri: Mixed rice, lentils and elbow pasta topped with sauce and a hot crispy roll-----N.Africa

V37 Felafel : Felafel with Baba Ganouj, salad, hummus, grape leaves, grilled flat bread-----Africa

V38 Niambi Niebe: Yam,yucca over mashed black eyed pea, spicy onion sauce with a hot roll-----Gambia

V39 Ethiopian Specialties \$8.50 (choice of 3 vegetables, Kosheri Rice, salad, injera)

Gomen: Spicy seasoned greens

Mesit wat: Ethiopian red lentil puree

Aleecha: Mild mixed vegetable stew

Atkil Kilkil: gingered green beans, potatoes and carrots stew

Atkil wat: vegetable stew w carrots, potatoes, cabbage, peppers and onion

Shiro: Spicy split and chick pea puree

Inguday tibbs: Diced Portobello Mushroom, Onions, Garlic, Fresh Tomato, Herbs and Spices

Sandwich and Such \$6.50 served with regular or African fries

V52 Hummus Pita: Freshly made hummus with lettuce, tomatoes and vinaigrette on grilled soft pita

V54 Felafel: Felafel rounds served with feta cheese, lettuce, tomatoes and vinaigrette on a grilled soft pita

V55 Cairo's Feta cheese: Feta cheese with lettuce, tomatoes and vinaigrette on a grilled soft pita

V56 Mawa's Fries sandwich: Crispy potatoes, tomatoes, parsley, spicy onion sauce in pita or sub bread

Soup of the day \$3.50/cup and \$4.50/bowl Subject to Availability

Harira: Lentils, chickpeas and North African spices-----N. Africa

Mtori: Green bananas, yucca, cream and seasonings (Best soup you'll ever have)-----Tanzania

Peppah: Minced Fish and vegetables in an extra spicy broth-----Guinee

BRUNCH MENU

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Our Beignets \$5.00

Pet de None (6pcs) Fluffy butter & egg puff dusted with powdered sugar served with warm chocolate sauce

Mbourou Fass (2pcs) Crispy warm brioche and plantain toast (add ice cream \$1.00)

Beignets de pommes (6pcs) Fried apple stuffed dough dusted with cinnamon sugar- no eggs or milk

Merveilles (6pcs) Orange flavored twisted beignets served with an orange sauce

Coconut (6pcs) Delicious crunchy coconut fritters served with a cup of warm coconut cream sauce

Dahomeh (6pcs) This West African Beignets has no eggs or milk; will melt in your mouth

Our Specialty Sandwiches \$8.75 served w/fries or plantains

Yassa Cheeseburger: ½ lb Chargrilled ground sirloin, lettuce, mayo, tomato, our roasted onion

Paninafrica: 2 crispy garlic cheese toasts filled with grilled chicken, mayo, sun dried tomato, cheese and spinach

Portabello Burger: Chargrilled portobello, lettuce, moyo, tomato, our roasted onion sauce in a Kaiser bun

Felafel Burger: Large falafel patty (fried), lettuce, tomato, vinaigrette dressing

Lamb or chicken Shawarma: Sliced lamb, lettuce, tomato, grilled onion, cucumber sauce on a grilled pita

Piri Piri Cheeseburger: ½ lb Chargrilled ground sirloin w/ piri piri rub(**xtra spicy**), lettuce, tomato, cheese

Our Croissant Bechamel Sandwiches \$7.50

These croissant sandwiches are smothered in a rich creamy sauce and eaten with a fork

Lamb (minced), egg'n cheese : Served with African fries and a choice of 1 side order

Chicken, egg'n cheese : Served with African fries and a choice of 1 side order

Vegetarian Bechamel: Mushroom, egg'n cheese: Served with African fries and a choice of 1 side order

Our Brunch Platters (served with 1 side order)

Spicy Suya Kabob: \$9.29-2 Ground nut and spices marinated beef kabob served w/ fresh salad, rice

Lamb'n egg: \$8.00-Our spicy lamb sausage patty, 2 eggs

Chicken and Egg Bastella: \$7.50-A sweet and savory Moroccan chicken and egg pie

Our Fataya Platters \$6.00 (6small or 3 large + lakh or African fries)

Egg'n cheese Fatayas

Beef Fatayas served with our signature onion sauce

Vegetarian Fatayas served with our signature onion sauce

Fish Fatayas served with our spicy tomato sauce

Sides

Lakh: Whole millet grits served a delicious yogurt cream sauce (\$4.29 if purchased separately)

Beignets: Your choice of 3 beignets (1 type please)

African Fries: Sweet plantains, African yams fried to perfection

